

CERTIFICATE

OF PARTICIPATION

This is to certify that

Itha Kieser

Has successfully participated & completed the

24km Lormar Trail Run 2017 - Day 2

held at Middelburg.

TIME 05:00:45

PACE 12:30/km

OVERALL 23 of 27

08 October 2017, Sun

Date

GENDER 13 of 16

40 - 49 6 of 8



Bout Time

Signature